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MARCH PHEVER

Defending champs Villanova joined by Temple in 2019 NCAA Tournament. 16-17

Ethiopian Airlines, Lion Air share black box similarities following crashes. 4

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A handy guide to picking the NCAA tourney. 18-19

INNOCENCE *REMEMBERED*

The victims and heroes of last week's mosque massacre were memorialized this weekend as New Zealand now begins to heal. 2, 6-7

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8 THINGS TO KNOW

New Zealand grieves as victims of Christchurch mosque terror attacks are identified

The attacks are the worst mass shooting in New Zealand's history.

1

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Women weep as people gather by flowers laid near Al Noor Mosque on March 17, 2019, in Christchurch, New Zealand. Fifty people were confirmed dead, with 36 injured still in hospital following shooting attacks on two mosques in Christchurch on Friday, March 15. Forty-two of the victims were killed at Al Noor Mosque on Deans Avenue and seven died at Linwood Mosque. Another victim died later in Christchurch Hospital. A 28-year-old Australian-born man, Brenton Tarrant, appeared in Christchurch District Court on Saturday charged with murder. The attacks are the worst mass shooting in New Zealand's history. *Read more on pages 6-7.*

Trump stance on Muslims, Fox host in spotlight

2 President Donald Trump on Sunday championed a Fox News personality who made anti-Muslim remarks as his White House rejected any attempt to link the U.S. leader to a shooter who killed 50 people in two New Zealand mosques. The violence against Muslims in New Zealand on Friday put a spotlight on Trump's rhetoric about Islam and revived criticism of his handling of white supremacist violence. "Bring back @JudgeJeanine Pirro," Trump wrote in Twitter posts in which he blamed Democrats for trying to "silence a majority of our Country" and advocated supporters to "stop working soooo *[sic]* hard on being politically correct." Pirro, a supporter of the president, was rebuked by Fox News last Sunday over comments she made questioning whether a Muslim congresswoman, Ilhan Omar, was more loyal to Islamic sharia law than the U.S. Constitution.

Gillibrand formally launches 2020 presidential campaign

3 U.S. Sen. Kirsten Gillibrand formally launched her presidential bid on Sunday morning, announcing she will deliver her first major speech next week in front of Trump International Hotel in New York City. Gillibrand, who launched an exploratory committee earlier this year as a precursor, joins more than a dozen other Democrats who have already formally entered the contest to win the nomination to challenge Republican President Donald Trump in the November 2020 election. "We need a leader who makes big, bold, brave choices. Someone who isn't afraid of progress," Gillibrand says in a video released Sunday morning to formalize her entry into the campaign. "That's why I'm running for president. And it's why I'm asking you for your support." Gillibrand, 52, had already been campaigning in key states that hold early primary contests.

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Ethiopian Airlines black boxes show similarities to Lion Air crash

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Both the FAA and NTSB hadn't reviewed the data as of Sunday.

Ethiopia said on Sunday the crash of an Ethiopian Airlines plane that killed 157 people had "clear similarities" with October's Lion Air crash, according to analysis of the black boxes recovered from the wreckage of the March 10 disaster.

Both planes were Boeing 737 MAX 8s, and both crashed minutes after take off after pilots reported flight control problems. Concern over the plane's safety caused aviation authorities worldwide to ground the model, wiping billions of dollars off Boeing's market value.

Investigators are trying to determine why the aircraft plunged into a field shortly after take off from Addis Ababa, searching for possible similarities to an October Lion Air crash that killed 189 people.

"It was the same case with the Indonesian [Lion Air] one. There were clear similarities between the two crashes so far," Ethiopian transport ministry rep Muse Yiheyis said.

"The data was successfully recovered. Both the American team and our [Ethiopian] team validated it. The minister thanked the French government. We will let you know more after three or four days," he told Reuters.

In Washington, U.S. officials told Reuters that the U.S. Federal Aviation Administration (FAA) and U.S. National Transportation Safety Board (NTSB) had not validated the data yet.

When investigators, after reviewing black box data, return to Addis Ababa and start conducting interpretive work, the NTSB and FAA will assist in verification and validation of the data, an official said.

In Paris, France's BEA air accident investigation agency said data from the jet's cockpit voice recorder had been successfully downloaded. The French agency said in a tweet it had not listened to the audio files and that the data had been transferred to Ethiopian investigators.

In Addis Ababa, a source who had listened to the air traffic control recording of the plane's communications said Ethiopian Airlines Flight 302 had an unusually high speed after takeoff before the plane reported problems and asked permission to climb quickly.

SAFETY ANALYSIS

A preliminary report on the crash is to be released within 30 days, the Wall Street Journal reported, citing the transport minister.

The Seattle Times reported that Boeing's safety analysis of a new flight control system on 737 MAX jets had several crucial flaws.

The analysis of the system called MCAS (Maneuvering Characteristics Augmentation System) understated the power of this system, the Seattle Times said, citing current and former engineers at the FAA.

The FAA did not delve into any detailed inquiries and followed a standard certification process on the MAX, the Seattle Times reported, citing an FAA spokesman.

The FAA declined to comment on the Seattle Times report but referred to previous statements about the certification process. It has said the 737 MAX certification process followed the FAA's standard certification process.

The report also said both Boeing and the FAA were informed of the specifics of this story and had been asked for responses 11 days ago, before the crash of the Ethiopian Airlines 737 MAX last Sunday that killed all 157 people on board. REUTERS

Mumps outbreak at Temple rises to 49 cases

The school has updated its vaccination policy in response to the sharp increase in cases.

MICHAEL MARTIN
letters@metro.us

An outbreak of mumps at Temple University has risen to 49 cases, school officials said Friday.

Twelve students have tested positive for the contagious viral disease, and another 37 are probable cases, Temple's University Health Services reported.

That's a significant increase from a week ago, when 16 cases had been reported at the university's main Philadelphia campus. The outbreak has since spread to Temple's Ambler campus in Montgomery County.

On Friday, the school announced it had updated its vaccination policy in the wake of the outbreak: Newly enrolled students are now required to have two doses of the measles, mumps, rubella (MMR) vaccine; two doses of the chicken pox vaccine; and one dose of the tetanus, diphtheria, pertussis (TDAP) vaccine.

Symptoms of mumps begin with fever, headache, muscle aches, lethargy, and loss of appetite, leading to a telltale swelling of salivary glands, which causes puffy cheeks and a swollen jaw.

The disease is spread via droplets of the mumps virus: through coughing or sneezing, by saliva, or via contaminated surfaces such as doorknobs.

Last month, Temple told students to self-isolate, avoid travel, and limit contact with others for five days within the onset of symptoms.

Recovery is similar to that of chicken pox — there is no treatment, only symptom relief such as rest and the use of over-the-counter painkillers. There is little risk of serious complications in healthy people, but anyone who is immunocompromised or pregnant should contact their doctor immediately if they have symptoms, the university said.

Temple's mumps outbreak is the latest of nearly two dozen similar incidents at universities around the country in recent years.

"Over time, your immune response might decrease a little bit, probably about the time you're a young adult, and on a college campus," Kristen Feemster, medical director of the immunization and communicable diseases program of the Philadelphia Health Department, told WPVI-TV on Friday. "A college campus is a close-knit community, where there are probably more opportunities for transmission than you might have in other places."

On Thursday, Indiana University in Bloomington also reported an outbreak of mumps, which currently stands at three cases.

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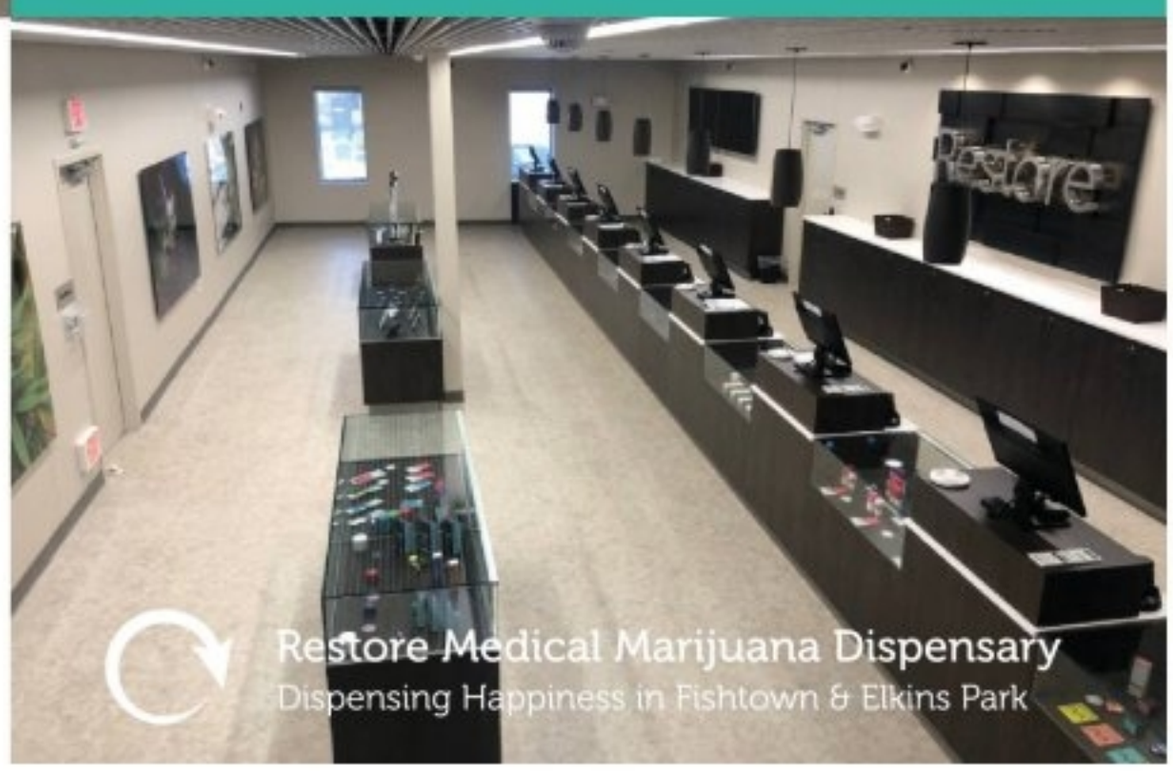

Accounts emerge of heroism in New Zealand mosques; bodies to be released

Abdul Aziz was one of several heroes who tried stopping Brenton Tarrant.

Accounts emerged on Sunday of heroic attempts to tackle a gunman who slaughtered 50 people at two mosques in New Zealand, as authorities prepared to begin releasing the bodies of victims to their families for burial.

Australian Brenton Tarrant, 28, a suspected white supremacist, was charged with murder on Saturday. Tarrant was remanded without a plea and is due back in court on April 5, where police said he is likely to face more charges.

Friday's attack in the city of Christchurch, which Prime Minister Jacinda Ardern has labeled terrorism, was the worst ever peacetime mass killing in New Zealand.

Ardern also said she wanted to talk to Facebook, as footage of the attack on one of the mosques was broadcast live on Facebook, and a "manifesto" denouncing immigrants as "invaders" was posted online via links to related social media accounts minutes before the violence began.

Amid the shock, outrage and recriminations that have consumed New Zealand over the past two days, tales of heroism and self-sacrifice emerged.

Abdul Aziz, 48, was hailed for confronting the shooter at the second mosque and preventing more deaths.

Aziz, originally from Afghanistan, ran outside after the shooting started and picked up a shotgun that the gunman had dropped. The gun had no shells in it, he said.

"I chased him," Aziz said. "He sat in his car and with the shotgun in my hands, I threw it through his window like an arrow. He just swore at me and took off."

Another man, Naeem Rashid from Pakistan, was seen on the gunman's video confronting the shooter before he was killed, the BBC reported. Rashid's 21-year-old son, Talha, was also killed.

The death toll climbed to 50 when police found another body at the Al Noor mosque, where more than 40 people died after a gunman burst in and opened fire on worshippers with a semi-automatic rifle with high-capacity magazines, driving to attack a second mosque.

Police rammed the suspect's vehicle and arrested him as he drove away from the second mosque in the suburb of Linwood.

Police Commissioner Mike Bush said the man was apprehended 36 minutes after police were alerted and he was the only person charged in connection with the shootings. Three people detained earlier were not involved, he said.

'INCOMPREHENSIBLE'

Huge piles of flowers were laid at sites near the mosques and crowds of people of all faiths gathered to pay respects. Some played guitar, sang and lit candles as darkness fell.

Members of a Maori motorbike gang performed a haka war dance at one site.

Church services for the victims were held, including at Christchurch's "Cardboard Cathedral," a temporary structure built after a 2011 earthquake.

But the priority for grieving family and friends on Sunday was laying their loved ones to rest. It is customary in Islam to bury the dead within 24 hours, but no bodies had been released

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REUTERS

because of the investigation, police said.

Ardern said victims would be handed over to families from Sunday evening.

"It is likely, however, to be a small number to begin with," she told a media briefing, adding that all should be returned by Wednesday.

Wearing a black scarf, Ardern hugged members of the Muslim community at a refugee center on Saturday, saying she would ensure freedom of religion.

Thirty-four people were in Christchurch Hospital, with 12 in intensive care, while a child was moved to a children's hospital in Auckland.

Greg Robertson, head of surgery at Christchurch Hospital, said staff were used to gunshots and other severe injuries, but the scale and nature of the attacks was different.

"The magnitude of this is the thing that is the most significant issue for people. It's just comprehending what is the incomprehensible."

The majority of victims were migrants or refugees from countries such as Pakistan, India, Malaysia, Indonesia, Turkey, Somalia, Afghanistan and Bangladesh.

The youngest was a three-year-old boy, according to an unofficial list of the dead.

Pakistan's high commissioner said six citizens had been killed and three were missing. Five Indians were killed, its High Commission said.

GUN LAW 'WILL CHANGE'

Tarrant did not have a criminal history and was not on any watchlists in New Zealand or Australia.

Ardern said a "manifesto" was emailed to more than 30 recipients, including her office, nine minutes before the attack but it gave no location or specific details. She said her office sent it to parliamentary security two minutes after getting it.

In the manifesto, which was also posted online, Tarrant described himself as "just a *[sic]* ordinary White man, 28 years old" who used profits from cryptocurrency trading to finance travels through Europe from 2016-2018. REUTERS

Facebook pulls 1.5M videos

Facebook said it removed 1.5 million videos globally of the New Zealand mosque attack in the first 24 hours after the attack.

"In the first 24 hours we removed 1.5 million videos of the attack globally, of which over 1.2 million were blocked at upload," Facebook said in a tweet late Saturday.

The company said it is also removing all edited versions of the video that do not show graphic content out of respect for the people affected by the mosque shooting and the concerns of local authorities.

The death toll in the New Zealand mosque shootings rose to 50 on Sunday. The gunman who attacked two mosques on Friday live-streamed the attacks on Facebook for 17 minutes using an app designed for extreme sports enthusiasts, with copies still being shared on social media hours later.

New Zealand Prime Minister Jacinda Ardern has said she wants to discuss live-streaming with Facebook.

Coffee can is key to Philadelphia's political future

The "can of destiny" determines ballot order in local elections. But some accuse it of undue influence on the results.

MICHAEL MARTIN
letters@metro.us

A coffee can with two Twitter accounts is one of the most important players in Philadelphia politics. And there are no plans to loosen its stranglehold on power.

For decades, candidates in local primary elections have drawn a number out of a coffee can — for years a Folger's, currently a Horn & Hardart — to determine the order their names will appear on the ballot.

The so-called "can of destiny" is meant to ensure fairness, satisfying state law that requires a random drawing of lots to determine ballot order.

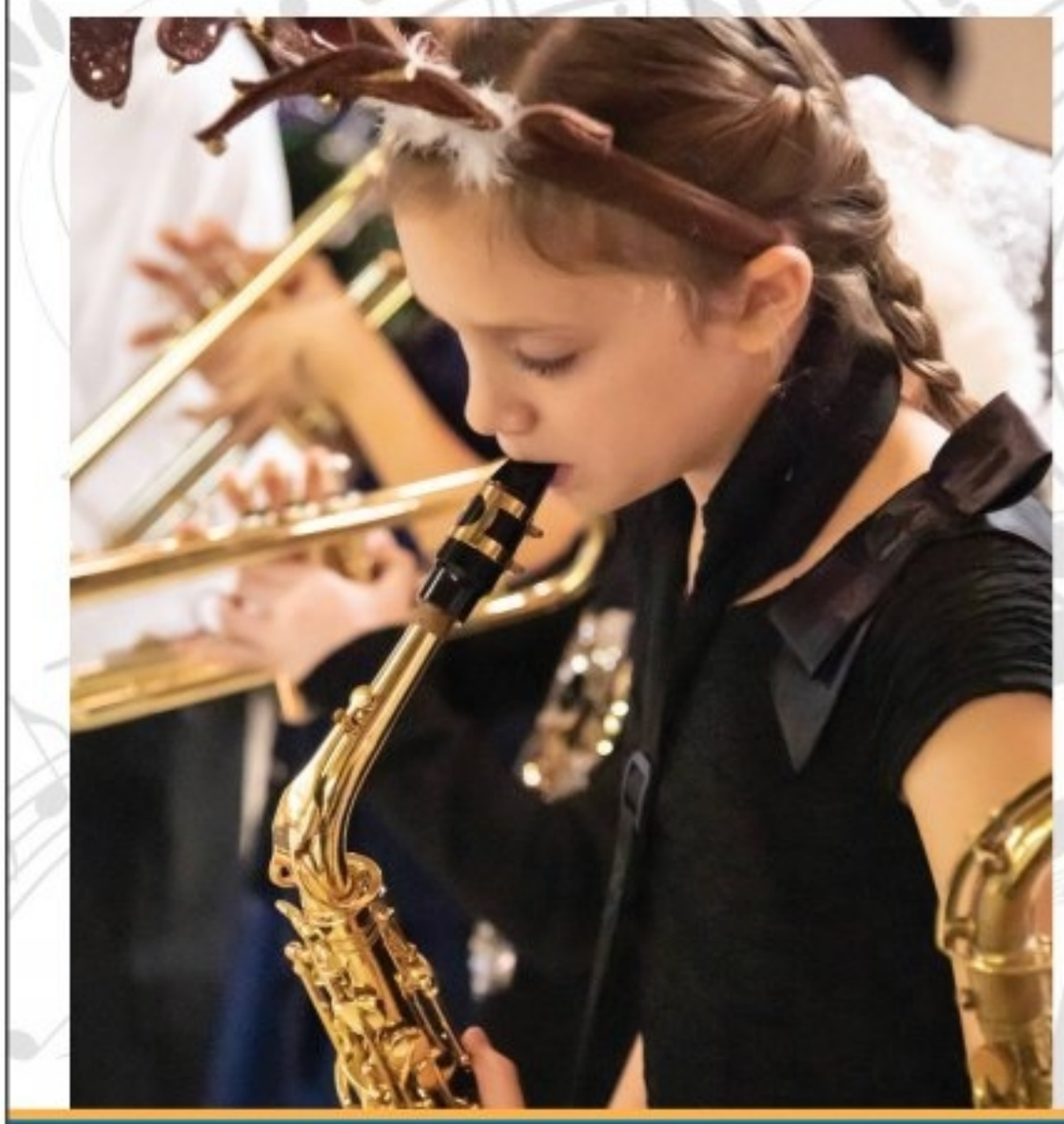
The method has its critics. "It's a total disgrace," longtime Democratic Party chair Bob Brady told the Philadelphia Inquirer, which reported Sunday that although new voting machines are coming to every county in Pennsylvania by the 2020 primary — and technology can create a randomized ballot order for every voter — there are no plans to kick the can.

The concern: How candidates are listed on the ballot has a real effect on voters, particularly in more obscure races such as judicial appointments.

That's what research has shown. "It's pretty much incontrovertible that you have an advantage if you come first. Just flat-out," said Monika McDermott, a political scientist at Fordham University.

And it's not just the prime position that has influence. "Some voters walk into the voter booth feeling deeply conflicted and uncertain — and the order of candidate names is a subtle, unconscious nudge," Jon Krosnik, a Stanford University professor who has studied ballot positioning, told the Inquirer.

A six-year study of



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Philadelphia judicial elections through 2015 found that candidates benefited more from a position in the first column of the ballot than from having the endorsement of the Democratic Party, The Inquirer, or the bar association.

But backers of the coffee can say that a random drawing is better than the alternatives, such as listing candidates alphabetically or allowing the controlling political party to decide the order. At least with the can, every candidate has the chance to draw the top spot.

Although technology could probably produce a randomized ballot for each voter, it's bumping up against the text of state law, which requires a random drawing to create "the ballot" — not ballots.

And because both political parties are pressing for election-code changes the other wants to avoid — Democrats want automatic voter registration, Republicans want voter ID laws — it's unlikely the law will be touched anytime soon, leaving the tin political machine in place.

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Pat King
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ALL IMAGES ISTOCK

READER WRITE-INS:

WE NEED MORE FRESH INGREDIENTS

Reader "Jeff" wrote in to complain about the amount of ingredients, specifically onions, that Just Salad and Subway were putting on his lunch orders. To me this is absurd, as the struggle for more ingredients (onions included) is a very real problem. I believe the issue is in fact the inverse: I want Just Salad and Subway to pile on the ingredients. Grumbles like Jeff's only serve to cast a negative shadow on what is a real issue for lunch orders. I believe if the patron wants to have fewer onions, they should speak to the store employee like an adult and express those concerns. We're on the same team, Jeff. Let's work together.

Thanks for the fun read this morning.

— **Paul,** *Metro New York reader*

SET UP YOUR VOICEMAIL!

I work as a secretary in a doctor's office, and I sometimes have to leave a voicemail for a patient. There are times when I get a "mailbox has not been set up" or "mailbox is full and cannot accept messages." Because of security concerns, we can't text or email. Sometimes it's important, so please check/empty your voicemail!

— **Barbara Tieman,** *Metro US reader*

VENT TO US!
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Aries Learn all you can by interacting with interesting people. Someone quite unexpected will grab your attention and offer you something very tempting. Romance is on the rise.

Taurus Productivity is what counts. Refuse to let your emotions control the agenda or lead you into battle over trivial matters. Channel your energy into worthwhile projects.

Gemini Concentrate on what's going on at home and any changes that you need to make pertaining to banking, bills or home improvements. Stay on top of personal matters.

Cancer Simple and subtle changes will bring you closer to your goals. Working alongside people you trust and enjoy being around will bring good results. Avoid emotional drama.

Leo You can explore new possibilities without going overboard. A partnership will need to be monitored closely. Don't get angry when you can get busy and make the most of your time, effort and services.

Virgo Taking business trips, attending meetings and reuniting with people from your past will be enlightening. A positive change can be made if you pay attention.

Libra Associate with like-minded people to accomplish much and get an inside scoop regarding new possibilities. Don't let someone's negativity hold you back. Romance is in the stars.

Scorpio Participate in something that excites you. Learn from an expert and diversify your skills in order to keep up. Evolve with the times to avoid falling behind.

Sagittarius Put greater emphasis on managing your personal finances and investing in yourself instead of helping someone else get ahead. Don't be fooled by big talk or false information.

Capricorn Don't argue over trivial matters. Set guidelines when dealing with joint finances. Domestic expenses should be kept to a minimum. Plan strategically and move forward with precision.

Aquarius Work with the majority, not against it. If you disagree with someone, find a common-sense solution. Arguments will be to your detriment. Charm, kind gestures and incentives will pay off.

Pisces Don't take a chance if it could lead to ill health or injury. Use your intelligence when dealing with people who tend to be extravagant or indulgent. EUGENIA LAST

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LIFESTYLE

The changing views on CBD oil

The Stanley Brothers.
ALL PHOTOS PROVIDED

We spoke with Joel Stanley of the company Charlotte's Web on why CBD should be the next big thing.

PAT KING
patrick.king@metro.us

While some people like sugar and milk in their morning coffee, you may have noticed another option popping up at your local coffee shops that can ease you into your morning routine in a different way. Cannabidiol (CBD) is a non-intoxicating and low-THC-content supplement made from cannabis that is perfectly legal in small doses and has been exploding all over the country.

Possibly the brightest star among all of the newer CBD companies is the Colorado-based Charlotte's Web. Started by the seven Stanley brothers — Joel, Josh, Jesse, Jared, Jordan, Jon, and J Austin — the company gets its name from a young girl named Charlotte Figi. Using CBD, Figi, who had a unique form of epilepsy, went from having almost 300 seizures a week down to close to zero. The company has since become a global phenomenon worth $1.4 billion.

We spoke with brother Joel Stanley about working with his brothers and how the perception of CBD is changing.

What was your initial introduction to CBD?
This goes back to late 2008, when I first started reading about cannabis in general. My older brother, Josh, had started one of the first dispensaries. My wife and kids and I kind of laughed at what my older brother was doing. I didn't see cannabis as a medical thing — most people didn't back then. When I started to read [about it], I saw that there had been all of these studies — most of them not in the U.S. — performed on various types of cannabis. That was the first time I saw the word "cannabidiol." There was just a handful of research papers out there on it, but [they were] saying it shows a lot of promise. That began to convert me to believe that this plant could be very helpful. I jumped into the industry with my younger brother in early 2009.

We began breeding for a genetic [variety] that was specifically higher in CBD, because we had worked with so many folks who had benefited from medical cannabis but didn't necessary like the high, the euphoric effect.

It's different for everybody. For some it's a pleasant experience and for others it can be a little more anxious and nervous [of an] experience.

What do you think is the last threshold to cross that will eliminate the stigma around using products derived from cannabis?
I think it's rapidly changing right now. From when I entered the industry to where it is now, there's a massive difference in how people are talking about it. Again it's because everyone has someone in their circle, or many people, who are benefiting from CBD.

I think the true barrier and threshold is when CBD and hemp and cannabis go under physician advocacy, and that will happen when we have the data; the research has just begun. Once we have physician advocacy for states to recommend CBD or medical marijuana, that will be the last tipping point.

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Any way you chop it

Chef Kristina Wisneski won "Chopped" and is now setting up shop at Amis Trattoria.

MOLLY GIVEN
Molly.Given@metro.us

Wisneski now works at Amis Trattoria in Devon. AMIS TRATTORIA

You may have seen Philly's own Kristina Wisneski recently on an episode of "Chopped" (which she won, by the way) or perhaps cooking up a storm in any of her past restaurants, Savona and Zavino Hospitality Group. Now, you can catch the culinary grad serving up enticing dishes at Devon's hot spot eatery Amis Trattoria. Wisneski has been at Amis since August 2018 working under culinary superstar Brad Spence, and the young hotshot has been killing it in the kitchen and on TV. Wisneski sat down with Metro to chat about her experience on "Chopped," her career aspirations, and how a restaurant full of patrons may test your limits more than a panel of judges.

What was the best and worst part about being on "Chopped"?
The best part of it was getting to go and experience something like that. On a normal day when I'm in the kitchen, I'm not competing against anyone else. So that was really exciting, to get out of the kitchen and do something that I normally wouldn't do. The worst part about it was the anxiety that comes with — it was nerve-wracking.

How did you end up competing on "Chopped"?
It was crazy. I was actually having a really terrible day and I was sitting outside just taking a five-minute breather from the kitchen. Then the phone rang, my co-worker called me in and said "Chef, oh my god!" I thought something bad had happened but they handed me the note with the message from "Chopped." At first, I wasn't really excited because I thought,

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oh, what are the chances I'll actually get to be on the show? Then if I do, what are the chances I'm actually going to win? But I went through the interview process with them and I ended up being on the show, which was absolutely amazing.

What about Amis? How did you end up working there?
I ended up there by chance. I had actually just started looking for a new position, but then it worked out that Chef Brad called me and said he had heard about me from someone and knew I was looking for a job. I had always gone to Amis, so that was very exciting for me, because it was honestly one of my favorite restaurants in Philadelphia to go to. When I got the chance to interview I was really, really excited, especially because of how awesome Brad is and all the stuff he does in the food industry.

So what's harder, competing on "Chopped" or a crazy Saturday night at Amis?
An insane Saturday night at Amis, for sure. Just because you never know what's going to happen or who's going to complain about what. That sounds terrible but it's true, no one's ever fully happy with things.

On "Chopped," not that I knew what to expect, but I watched it a bunch of times, so I thought, oh, okay, I get the idea at least with what it is and how I'm competing.

What are some of your favorite dishes to make?
My home cooking is very different from work. I don't take that much time to cook at home because I cook all the time. But at work, I love making the fresh pasta and coming up with new pasta dishes. It's always exciting. At home, I definitely stick more toward comfort food. Something I can pop in the oven while hanging out and not have to worry about it. But there are a lot of times that my roommate and I will get steak and scallops and do nice dinners like that, too.

What are your career goals and aspirations for the future?
For right now I plan on staying in restaurants because I like it. I like the adrenaline of Friday and Saturday night when it's super crazy. I also love getting to make my own menu. I think one day I'll eventually wander into teaching or something like that, because that's what I do on a normal basis anyway. I'm constantly teaching. I think in this industry, since there are just so many options, I'm just not 100 percent sure.

Amis is located in URBN's lifestyle complex the Devon Yard at 138 Lancaster Ave. #140, Devon, Pa. Visit amistrattoria.com for more.

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Fun things to do in Philly this 5 week

Become a wine expert, celebrate National French Bread Day and more.

MOLLY GIVEN
Molly.Given@metro.us

Looking for some fun and unique things to do in Philly this week? We've got you covered. Here are five things to do in Philly this week.

History After Hours at the MOAR
This month's History After Hours event is titled "Burn After Reading," and is focusing on females in history and the impact they had. Beginning at 6:30 p.m., guests can learn all about women like Eliza Hamilton and other lesser known ladies during a discussion led by the museum's Postdoctoral Fellow in Women's History, Dr. Marcela Miccuci. Book artist Amanda D'Amico of Tiny Revolutionary Press and members of Soap Box Philly will also be in attendance to lead a hands-on craft showcasing writing and sealing letters in the 18th-century method. Guests can also test their women's history knowledge in the Cross Keys Cafe, enjoy food specials and complimentary cocktail samples from Art in the Age, explore the museum's exhibits and much more. *March 19, 5-7 p.m., The Museum of the American Revolution, 101 S. 3rd St., amrevmuseum.org*

Art of the Sip wine class
This introductory wine class gives guests the opportunity to take the first steps toward becoming a wine expert. Philadelphians will be led through a tasting of enticing red and white wines, learn the proper way to taste said wines and get tips on how to explore their palates while tasting different variations. Wines include a Bianco dei Politici Pinot Grigio, Lechthaler Pinot Noir, Fuso21 Le Salse Verdicchio, Montebernardi Retromarcio Chianti, Tramin Sauvignon Blanc and more. Tickets include 10 tastings, light bites and take-away options. *March 20, 6:30 p.m., Amis Trattoria, 138 Lancaster Ave. #140, Devon, $75, amistrattoria.com*

Brent Celek will be at P.J. Clarke's this week. GETTY IMAGES

National French Bread Day at Baker Street Bread Co.
Baker Street, Philly's first artisan bread bakery and wholesale bread distributor, is celebrating National French Bread Day the best way they know how — with bread. The first 250 guests that head to Baker Street on March 21 can enjoy their fresh, perfectly crunchy and dense premium baguettes for free. Yes, you read that right: The premium baguette is absolutely free. In addition to the enticing baguettes, Baker Street also has delicious breakfast and lunch offerings such as their egg steamer sandwiches, avocado toast, turkey BLT, bake-your-own cookie dough and much more. The baguettes will be available from 7 a.m. to 6 p.m. or until they are gone. *March 21, Baker Street Bread Company, 8009 Germantown Ave., bakerstreetbread.com*

Quizzo Night with Brent Celek and Harold Carmichael
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quizzo, Eagles memorabilia and more. Guests will be challenged by Celek and Carmichael on their sports, pop culture and general trivia knowledge throughout the event with plenty of Eagles round-by-round prizes and an opportunity for autographs and photos. Tickets are $45 per person, and include food as well. Clarke's has plenty of enticing dishes to indulge in, plus plenty of refreshing beverages available for purchase. All proceeds from the event will benefit the Eagles Autism Challenge, the Eagles' biggest fundraiser of the year. *March 18, 7-10:30 p.m., P.J. Clarke's, 601 Walnut St., $45, pjclarkes.com*

Healing Knitting Group at Le Pain

This healing group will be led by an expert activity therapist who has been trained in developing, coordinating and evaluating therapeutic activity programs for those who need them. Le Pain will provide refreshments for the group (which may start meeting on a weekly or bi-weekly basis) and all the fun will take place in the community room beside their upfront bakery. *March 21, 6-8 p.m., Le Pain, 1425 Walnut St., lepainquotidien.com*

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SPORTS

Nova to meet St. Mary's in NCAA's

The defending national champs are looking for a third title in four years.

JOE PANTORNO
joseph.pantorno@metro.us

Phil Booth (left) and Eric Paschall lead Villanova into the Big Dance. GETTY IMAGES

It hasn't been nearly as dominant a run, but the defending national champions Villanova will be back in the NCAA Tournament as the No. 6 seed in the South Region, where they will take on West Coast Conference champions St. Mary's in the Round of 64, as discovered on Selection Sunday.

This will be the seventh straight season and the 14th time in the last 15 seasons that Jay Wright and the Wildcats have made the Big Dance.

Their sixth seeding will be the lowest since 2013, when they were the ninth seed in the South Regional. Villanova has been the No. 1 or 2 seed in its respective region in each of the last five years prior to the 2019 tournament.

That seeding could have been even lower had they not mounted a furious comeback over Xavier in the semifinals of the Big East Tournament. Down 10 in the first half and seven with 4:44 left in the game, Jermaine Samuels and Eric Paschal sparked a 10-3 run to force overtime before pulling out the win.

It didn't get easier in the championship game as a resolute Seton Hall side managed to hang with Villanova for the entire night. The Pirates even had a chance to snag an unlikely automatic bid to the NCAA Tournament when Myles Powell missed a long three-pointer as time expired that gave Villanova the 74-72 win and the conference title.

The Philadelphia program's 25-9 record is its worst record in five years, however its strength of schedule was 18th in the nation while their NCAA Evaluation Tool (NET) rating — which the committee replaced RPI with this season — was 26th.

Villanova still remains the top dog in the Big East regardless, despite losing four of its stars in Mikal Bridges, Donte DiVincenzo, Jalen Brunson and Omari Spellman to the NBA Draft after their second national championship in three years last season.

For now, it's the Phil Booth and Eric Paschall show — a pair of seniors who have paced the Wildcats through one of their more turbulent seasons this decade.

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PUBLIC STORAGE # 24232, 2700 Grant Ave, Philadelphia, PA 19114, (215) 490-9431 • Time: 11:00 AM

B0091 - Candello, Kelly; C0104 - Boris, Jacqueline; D0185 - Coyle, Matthew; E0259 - Patterson, Edward; E0263 - Walker, Andrea; E0264 - Yates, Robert; F0364 - Jabarin, Omar; G0417 - Gibson, Joanne; H0453 - Barbosa, Jeison; H0460 - Paygar, Danny; H0496 - Ware, Diane; J0645 - Marsi, Anthony; J0651 - Stuff, Ronelle; J0672 - Janoff, Stuart; J0741 - Walton, Shawnia; J0751 - Nelson, Lois; J0817 - Nelson, Sonya; J0866 - Kelly, Taylor; M1054 - Thigpen-Robinson, Lenette; M1084 - Walcott Jr, Jerome

PUBLIC STORAGE # 21605, 3751 Bristol Pike, Bensalem, PA 19020, (215) 309-8353 • Time: 12:00 PM

B006 - Armbruster, Thomas; B023 - Williams, Winthrine; B037 - Aikens, Jennifer; B135 - Fried, Richard; B210 - Hilton, Tracy; B227 - Taylor, Jesse; B292 - Newkirk, Ore; C099 - Suessenguth, Megan; C132 - Belfus, Max; C184 - Holovich, Terri

Public sale terms, rules, and regulations will be made available prior to the sale. All sales are subject to cancellation. We reserve the right to refuse any bid. Payment must be in cash or credit card-no checks. Buyers must secure the units with their own personal locks. To claim tax-exempt status, original RESALE certificates for each space purchased is required. By PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201. (818) 244-8080.

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Temple to battle Belmont in First Four

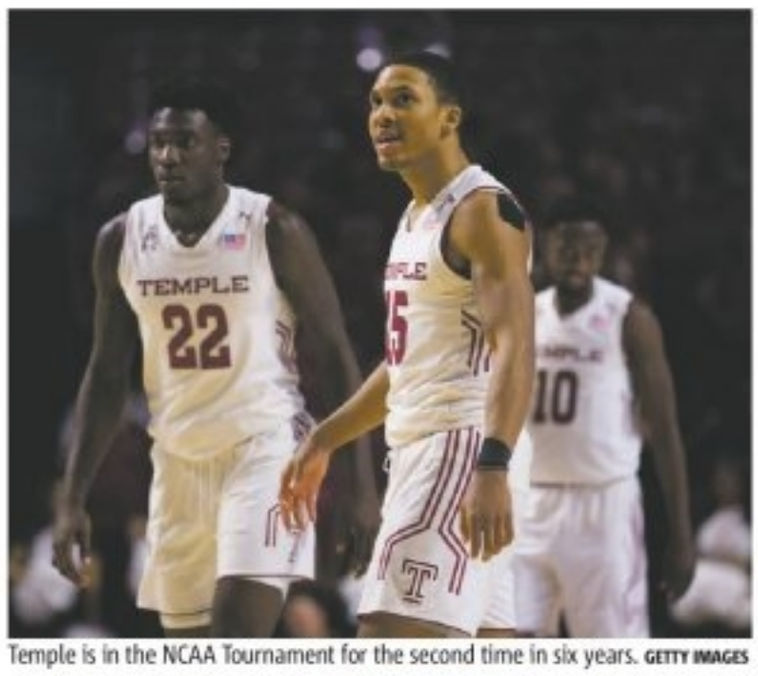
Temple squeaked its way into the NCAA Tournament on Selection Sunday, joining Villanova as the only Philadelphia representatives at the Big Dance — though it will have to take an extra step.

The Owls will play Belmont in the First Four on Tuesday to take the No. 11 seed in the East Region. The winner of this game will face No. 6 Maryland in the second round of the tournament.

It is just the second time in the past six years that Temple will be partaking in the top tier of March Madness. They lost in the first round of the 2016 NCAA Tournament to Iowa.

The Owls were one of the numerous teams on the bubble heading into the selection process, the committee picking the top 68 teams and Division I conference winners.

Temple's résumé on paper was questionable enough to create plenty of doubt surrounding their tournament chances. It posted a 23-9 record, its best mark since the 2014-15 campaign. However, a third-place regular-season finish in the American Athletic Conference featured just a pair of Quadrant 1 wins — which are victories recorded against teams ranked 1-30 at home, 1-50 at a neutral site, or 1-75 on the road — a strength of schedule ranked 75th in the nation and a 56th-ranked NET rating.


Temple is in the NCAA Tournament for the second time in six years. GETTY IMAGES

Still, a No. 3 seed heading into the AAC Tournament ensured the Owls were given a first-round bye that could have proven to be advantageous amidst such a busy stretch.

Unfortunately for the Owls faithful, Temple was upset by Wichita State in the quarterfinals, which only hurt their chances of punching their ticket to the Big Dance.

Temple was projected as a No. 10 seed in the NCAA Tournament prior to the AAC Tournament, but the loss provided the likelihood of playing in a First Four game or missing out on the Big Dance entirely.

A number of results in other conference tournaments across the country made for even more uneasy feelings in the hopes of an at-large bid, too.

St. Mary's stole an at-large bid in the West Coast Conference, normally a one-bid league, by upsetting the nation's No. 1 Gonzaga.

The Atlantic 10 also saw its top seed in VCU go down in the quarterfinals, allowing the conference's No. 6 seed, Saint Louis, to take another bid off the table.

Out in the Pac 12, No. 6 Oregon rolled over No. 1 Washington by 20 on Saturday night, making it that much more difficult for the committee to find a spot to get St. John's in the Dance.

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March Madness has arrived

A breakdown of the brackets, which were released last night.

MATT BURKE

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

ISTOCK

March Madness is the most communal betting experience of the year in the U.S. (sorry, Super Bowl squares) as you're annually attempting to take money from your Aunt Ginny and next door neighbor, Frank, instead of a bookie or a sportsbook. Now that sports betting is legal, however, you can do both.

The brackets were revealed early last night, and here are the top four seeds: Duke (East), Virginia (South), North Carolina (Midwest) and Gonzaga (West). That's three No. 1 seeds from the ACC if you're scoring at home. This immediately means that you should go looking for value teams from the ACC. Everyone agrees that the conference was LOADED this year.

Florida State looks like a great value team here as a four seed in the West Region. The ultra-athletic Seminoles have lost just twice in the past two months (at North Carolina and in the conference tourney against Duke … not much shame there).

Sleeper alert

You're going to be hearing a lot about Wofford in the next few days, and for good reason. The Terriers have "sleeper" written all over them, as Fletcher Magee is arguably the best shooter in this tournament. And to pull off big upsets in the tourney, you have to be nailing your shots from deep.

Consider that in the greatest upset of all time, No. 16 seed UMBC went 12-of-24 (50 percent) from three-point range in their historic win over No. 1 Virginia.

To give you an idea of how Wofford utilizes Magee against top-tier opponents, he shot a whopping 16 three-pointers in Wofford's opening night 11-point loss to North Carolina this season. No doubt, it will be bombs away for Magee when his No. 7 seed Terriers face No. 10 Seton Hall out of the gate on Thursday.

5-12 matchups

If you have a spine, you always pick at least one 5 seed to upset a 12. Here are the 5-12 matchups this year: Mississippi State vs. Liberty (East), Marquette vs. Murray State (West), Wisconsin vs. Oregon (South) and Auburn vs. New Mexico State (Midwest).

Liberty over Mississippi State is already a crowd favorite.

TWEET OF THE DAY

Kevin Pulsifer
@imPULSEivity

At Madison Square Garden since 2018:
Knicks - 10 wins (52 games)
Villanova - 8 wins (9 games)

Sports betting 101:
How to bet on basketball

VSiN

If your bracket is busted by 3 p.m. on Thursday, have no fear. You can still bet on all the games individually throughout the tournament at any of the local sportsbooks here in Philly.

Some of you may be betting on basketball for the first time, and we at MetroBet are here to help. Here is a beginner's guide to betting on hoops.

For your first time, your best bet is to bet on the spread of the game. Here is an example of a typical college basketball spread:

Villanova -5 (-110)
Cincinnati +5 (+110)

The -5 indicates that Villanova is favored to win by five points or more. If you bet $110 on Villanova to win by five points or more, you would win $100. If you bet on Cincinnati, the underdog here, you would need them to win the game outright or lose by five points or fewer to win.

Totals or "over-unders" is another popular basketball bet. Essentially, you bet on whether or not you think the two teams will combine to score more or less than the total the sportsbook puts out. For instance, in Saturday night's Big East Tournament title game between Villanova and Seton Hall, the over-under was set at 135. The final score was Villanova 74, Seton Hall 72 — which combined was 146. If you bet the over in this high-scoring affair, you were giddy on Saturday night.

MATT BURKE

ISTOCK

Betting trends

Preview: Golden State Warriors vs. San Antonio Spurs

MONDAY, 8 P.M.

47-21	Overall record	41-29
28-39-1	ATS record	39-30-1
33-35-0	O/U record	39-30-1
23-11	Away/home	28-7
5-5	L10	8-2
4-11 ATS in L15	Betting trend	Under is 8-1 in L9
+4	Line	-4

O/U: Over/under. L10 = Last 10 games. ATS = Against the spread.

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A handy guide to picking the NCAA tourney

Picking the champ is most important.

GLEN MACNOW

Glen Macnow is a renowned sports talk radio voice in Philadelphia on WIP. He is the host of the Eagles official pregame show.

More than 70 million Americans will enter NCAA bracket pools in the next few days. Chances are you're among them, whether you're a hardcore hoop-head or the receptionist who bases picks on mascots and where her friends went to college.

Chances are also good that by the time you finally figure out again where TruTV is on your cable system Thursday, your bracket will be littered with the red X's of failure. The dream dies early.

It doesn't have to.

Winning a brackets pool is a combination of luck and analytics. The luck I can't help you with. And I'm not here to tell you which specific teams to pick in your pool. But knowing the analytics? Well, here are five handy tips:

1) Bet on some early-round upsets. Don't go crazy — 1 seeds hold a 135-1 record against 16s. The Virginia loss to UMBC last year was a once-in-a-lifetime stunner. But study the 5 vs. 12 matchups, where there's been at least one upset in 25 of the last 30 tournaments. And definitely find a few worthy 11 seeds. In the last nine years, the underdogs actually have a winning record in the 6 vs. 11s.

GETTY IMAGES

2) The fun of the tournament is finding your Cinderella, but don't expect more than one double-digit seed to make the Sweet 16. Choose one whose season stats show the best combination of steals, three-pointers and offensive rebounds. That's a team that, when hot, can upset a better opponent. Make that school your darling and abandon your other long shots after one win. And definitely don't let sentimentality attach you to those underdogs.

3) Picking the champion is most important. This sounds obvious, but so many people focus on the early rounds and don't have a strategy for selecting the overall winner. If your pool is like most, the title game probably accounts for one-sixth of the total points. My advice here: Avoid picking the chic team, or the one that extremely casual basketball fans are prone to pick (usually Duke). Try to avoid that local sentimental darling that will draw a disproportionate amount of support among your colleagues.

4) Figure out which 1 or 2 seed — one you can believe in — may get overlooked by the folks you're betting against. Make that team your baby. Of course, this strategy didn't work in Metropolitan Philadelphia in two of the past three years, when nearly every person in every pool backed Villanova for both analytical and sentimental reasons. I played contrarian last year and rode Kansas, another 1 seed. Eventually, I happily cheered against my own financial interests watching Nova beat the Jayhawks in the Final Four.

5) The smaller the pool, the better your chance becomes just picking favorites. The larger the pool, the greater the need comes to pick the right upsets. You need to take more risk in any of those mega online pools. So if you really just want to win, stay small. Of course, the bragging rights — and payoffs — are a lot less if you're just playing with 12 guys on your softball team.

Trust me, all of this is sound strategy. Of course, you could just go ask your 9-year-old to pick based on school colors. I hear that works, too.

Sports on TV Highlights

1:00 pm	**MLB Baseball** Philadelphia Phillies vs. St. Louis Cardinals	MLB NETWORK
3:45 pm	**Soccer** Mansfield Town FC vs. Lincoln City	ESPN+
4:00 pm	**MLB Baseball** Cincinnati Reds vs. Colorado Rockies	MLB NETWORK
7:30 pm	**NHL Hockey** Arizona Coyotes vs. Tampa Bay Lightning	ESPN+
8:00 pm	**NBA Basketball** Golden State Warriors vs. San Antonio Spurs	ESPN
10:30 pm	**NBA Basketball** Indiana Pacers vs. Portland Trail Blazers	ESPN

2019 NFL Draft betting preview: Kyler Murray props

The 2019 NFL Draft is just 39 days away, and there are a ton of juicy prop bets on the board.

At FanDuel Sportsbook right now you can bet on "Which team will draft Kyler Murray?", "Kyler Murray's draft position," "Who will be the No. 1 overall pick?" and "Which team will draft Dwayne Haskins?"

Here are the "Which team will draft Kyler Murray?" odds:

Arizona Cardinals -350
Miami Dolphins +600
Oakland Raiders +600
New York Giants +750
Denver Broncos +1100

GETTY

Cincinnati Bengals +1100
Denver Broncos +1100
Jacksonville Jaguars +1800

Throwing money down on the Dolphins, Raiders or Giants here is a good call, as many are speculating that the Cardinals are smoke-screening their interest in drafting Murray No. 1 overall. Most draft experts think the play for Arizona is to trade out of the pick in order to get more draft capital. Because whether it's Murray or Josh Rosen under center next season for new coach Kliff Kingsbury, the Cards need to draft a top offensive lineman in this draft to make sure their quarterback doesn't wind up eating his dinner through a straw each Sunday.

The play: Giants +750

MATT BURKE

VSiN DAILY LINE

NBA

GOLDEN STATE WARRIORS -4 VS. SAN ANTONIO SPURS

INDIANA PACERS VS. PORTLAND TRAIL BLAZERS -3

DENVER NUGGETS VS. BOSTON CELTICS -3

NEW YORK KNICKS VS. TORONTO RAPTORS -14

NHL

ARIZONA COYOTES +285 VS. TAMPA BAY LIGHTNING -265

WINNIPEG JETS -175 VS. LOS ANGELES KINGS +195

VEGAS GOLDEN KNIGHTS +170 VS. SAN JOSE SHARKS -150

Sixers down Bucks to clinch playoff spot

Joel Embiid dropped 40 against the Greek Freak and Co.

FIELD LEVEL MEDIA
sports@metro.us

Joel Embiid dropped 40 points in a huge Sixers win over the Bucks on Sunday. REUTERS

Joel Embiid scored 40 points and grabbed 15 rebounds to lead the visiting Philadelphia 76ers past the Milwaukee Bucks, 130-125, on Sunday.

It was Embiid's 52nd double-double and the 25th time he has scored at least 30 points and swept 10 rebounds in a game. He scored 18 points alone in the fourth quarter.

Jimmy Butler had 27 and JJ Redick 19 for the Sixers, who won their fourth in a row and officially clinched a playoff spot.

Giannis Antetokounmpo was terrific for the Bucks with a career-high 52 points to go along with 16 rebounds and seven assists. Khris Middleton added 19 points.

The Bucks played without guard Malcolm Brogdon, who will be sidelined for at least six weeks with a plantar fascia tear in right foot.

The Sixers built a 62-53 lead at halftime thanks in large part to Embiid's double-double of 16 points and 10 rebounds.

Antetokounmpo paced the Bucks with 17 points and seven rebounds. Middleton struggled offensively and missed eight of his 10 shots.

Antetokounmpo drove to the basket, nudged Boban Marjanovic out of the way and threw down a nasty dunk to get the Bucks within 81-74 with 5:04 left in the third quarter.

Antetokounmpo appeared to tweak his ankle with 1:40 remaining in the third but remained in the game to shoot the two free throws as the fans chanted "MVP!"

The Sixers still led, 89-82, after three quarters.

Philadelphia came out aggressive in the fourth and extended its advantage to 98-86 with 9:34 left when Mike Scott drained a three-pointer.

After Antetokounmpo reached the basket, got fouled and made one of two shots, the Bucks trailed 107-99 with 4:49 to go.

Butler responded in a big way with a three-pointer to put the Sixers back ahead by 11.

Butler knocked down two more shots to stay hot and the Philadelphia lead was 116-103 with 3:02 remaining.

Leading 120-116, Embiid hit a trey from the top of the key for a seven-point lead with 34.9 seconds left.

Embiid made two free throws in the waning seconds to help seal the win.

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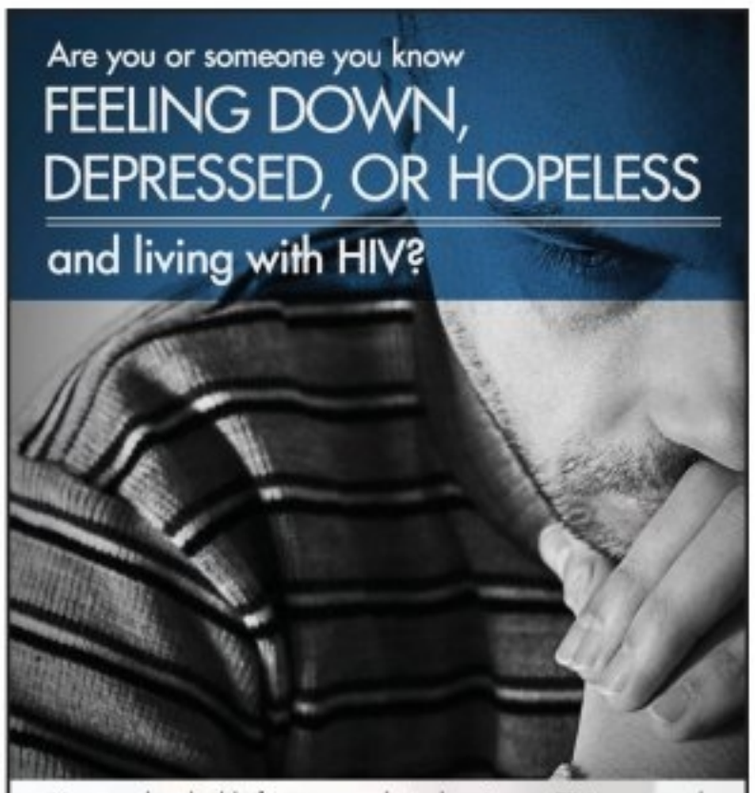

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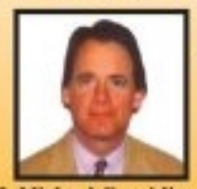

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LEGAL NOTICES

Public Notices

The Philadelphia Housing Authority announces its

MEETING OF THE BOARD OF COMMISSIONERS

When: Thursday, March 21, 2019

Time: 3:00 p.m.

Where: Philadelphia Housing Authority
2013 Ridge Avenue
Multi-Purpose Room A
Philadelphia, PA 19121

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NOTICE OF PUBLIC HEARINGS

Fiscal Year 2020 Operating Budget and Fiscal Years 2021 – 2025 Financial Plan

The Southeastern Pennsylvania Transportation Authority (SEPTA) has scheduled public hearings on SEPTA's Proposed Operating Budget for the Fiscal Year ending June 30, 2020 (Fiscal Year 2020) and the Five Year Financial Plan.

THE SCHEDULE OF PUBLIC HEARINGS WILL BE HELD AS FOLLOWS:

West Chester Municipal Building
Council Chambers Room
401 E. Gay Street
West Chester, PA 19380
Monday, April 15, 2019
2:00pm & 6:00pm

Delaware County Court House/
Government Center Building
County Council Room – 1st Floor
201 W. Front Street
Media, PA 19063
Tuesday, April 16, 2019
2:00pm & 6:00pm

Southeastern Pennsylvania
Transportation Authority
Board Room – Mezzanine Level
1234 Market Street
Philadelphia, PA 19107
Wednesday, April 17, 2019
11:00am & 5:00pm

Bucks County Free Library
Pearl Buck Room
150 S. Pine Street
Doylestown, PA 18901
Thursday, April 18, 2019
2:00pm & 6:00pm

Montgomery County Human
Services Center
Community Room – Main Floor
1430 DeKalb Street
Norristown, PA 19404
Tuesday, April 23, 2019
2:00pm & 6:00pm

Persons wishing to file written comments may forward them to the Director of Operating Budgets, Southeastern Pennsylvania Transportation Authority, 1234 Market St., 9th Floor, Philadelphia, PA 19107 by April 29, 2019 so that they may be forwarded to the Hearing Examiner. Comments can also be sent via email to **operatingbudget@septa.org**.

Persons desiring to present extensive comments and testimony are encouraged to do so in writing as the time for individual testimony may be limited in order to accommodate all who wish to speak.

SEPTA will provide a sign language interpreter at the public hearings upon written request received no later than April 1, 2019. Written requests can be mailed to the Director of Operating Budgets at the address above.

Members of the public may obtain a copy of the proposed Operating Budget and Financial Plan at SEPTA's website **www.septa.org** or by requesting, in writing, a copy from the Director of Operating Budgets at the address listed above.

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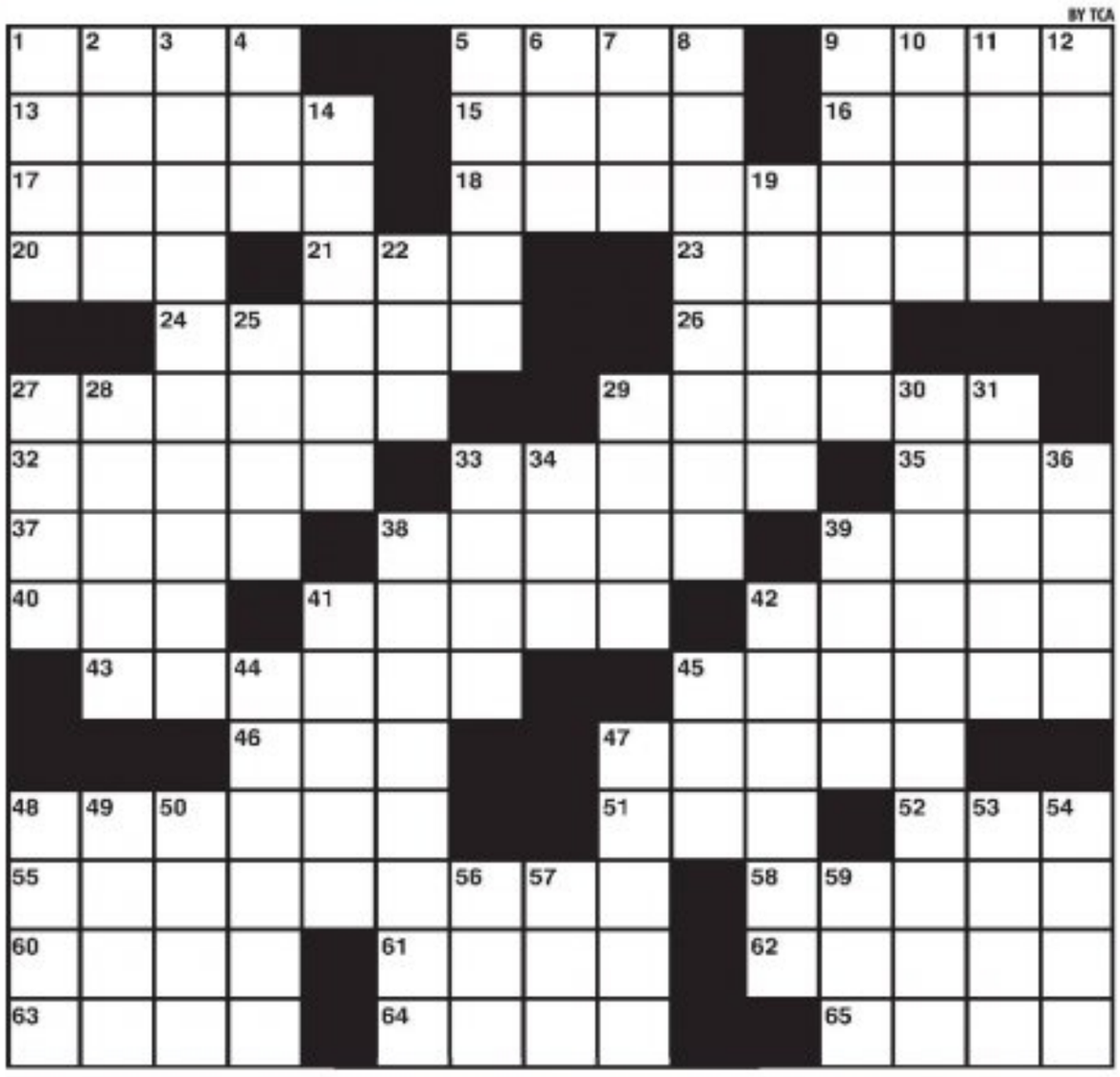

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ACROSS

1 Peaceful
5 Dermatologist's concern
9 Thin
13 Dodge
15 Classic board game
16 Lech Walesa, for one
17 Dishwasher cycle
18 Easygoing; flexible
20 JFK's predecessor
21 Derek & Diddley
23 Clap handcuffs on
24 Colorful tree in fall
26 Spanish article
27 Enthusiasm
29 Duplicity
32 Britches
33 1960s dance
35 Encountered
37 Snake __; lowest dice roll
38 Military attack
39 Nimble
40 __ Moines
41 Makes gentle
42 Live's partner, in phrase
43 Schoolkid's compositions
45 Small beard
46 Major leaguer
47 Wynonna's mom
48 Sixteen cups
51 Curvy letter
52 Decrease
55 Fair; just
58 Kovacs or Els
60 Family tree member
61 __ up on; study
62 Furniture blemishes
63 Dustcloths
64 Actor Griffith
65 Flying insects

DOWN

1 Queen or king
2 Enthusiastic
3 Feeling of desolation
4 Prefix for fit or fire
5 Cut slits in
6 Child
7 "__ tree falls in the forest..."
8 Folks from Kathmandu
9 Few and far between
10 Part of the ear
11 Misfortunes
12 TV's "__ the Press"
14 Litter; rubbish
19 Stretch of land
22 Calendar page: abbr.
25 Carney & Garfunkel
27 Earned a traffic ticket
28 Check recipient
29 Uses a shovel
30 Unwillingness to wait
31 __ Haute, IN
33 Conway & Allen
34 "__ Willie Winkie"
36 Actress Daly
38 Parting word
39 Stitched joining
41 Fortune-teller's deck
42 Unbind
44 Divides
45 Helium or krypton
47 Impoverished
48 Equipment
49 Greenish-blue
50 Breathing organ
53 Two-wheeler
54 Mrs. Truman
56 Jerry Stiller's son
57 Youth
59 Tease

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- Lactose Intolerance
- Liver Disease
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